



Welcome to Your Small  
Group!

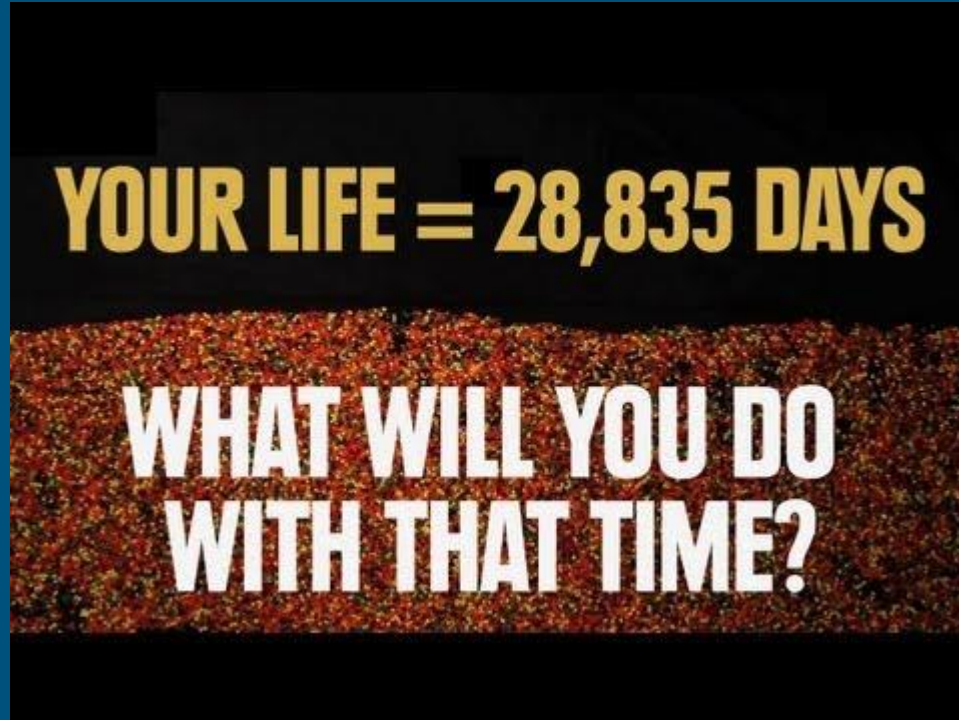
# Get to know you!!

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- Stand in a circle
  - Name?
  - Favorite animal?
  - Coolest thing you've done in your life so far?
  - Why did you come to the conference today?

What will you do with your life?

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# GROUND RULES

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- Be respectful of fellow group members and their opinions
- Actively listen to other group members without interruption
- Challenge by Choice-It is up to you what you participate in and what you don't participate in, but challenge yourself to be as involved as possible
- What is said in this room should stay in this room. Be respectful with what people share
- Any others?

# Expectations

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- What is one goal you hope to accomplish?
- What are you excited about?
- What are you nervous about?
- Etc.

# InCredAble YOU

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“Push students into the “in” crowd to give them the street “cred” to be more than “able”

# InCredAble YOU

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- What is incredible about you?
- What are your favorite traits?
- What experiences in your life have made you who you are today?
- Where do you like to spend your time?
- Who do you like to spend your time with?
- What is the biggest goal you have for today? For this month? For this year? For after middle school?
- What would you do if you could not fail?

# Strengths/Weaknesses

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- ★ Stand on the side of the room you agree with!





Welcome Back!!

# The Mole

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- Build the hidden structure!
- Person(s) on your team will be assigned the role of the “Mole”
  - This person will try to sabotage your structure so that you do not win
  - DO NOT let anyone see what role you are assigned
- ★ This is NOT a competition.
  - Try to focus on doing the best you can do with your team

# Scenario #1

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Julie is 12 years old. She had bought a new outfit with her mom over the weekend and was extremely excited to wear it on Monday. She walked into school with confidence and ready to show off her new clothes. When she got to her first class in the morning, her best friend complimented her new outfit. Shortly after, one of her classmates walked in and said, "Julie! What did you eat over the weekend? Did you gain weight?" Julie immediately began to tear up and walked out of the room. For the rest of the day, she felt uncomfortable in her outfit and asked her mom to get rid of it when she got home.

# Scenario #2

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Amanda arrives to help an English teacher, Mrs. Hall. She introduces herself to the teacher and is greeted warmly. Mrs. Hall says, "They said they were sending a male student. I have quite a few heavy boxes that need to be done. Anyway, I can get that done when I have another student to help. Why don't you go organize the supply closet?" Amanda feels confident that she could lift the boxes but goes over to the supply closet without arguing and begins her task.

# What are microaggressions?

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**Microaggressions** are the everyday verbal, nonverbal, and environmental slights, snubs, or insults, whether intentional or unintentional, which communicate hostile, derogatory, or negative messages to target persons based solely upon their marginalized group membership.

# So..?

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What does this mean to you?

(Please be respectful of other people's opinions throughout this activity)



# Time to get moving!!

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- Walk around the room to find the person who has an interpretation that matches your microaggression or vice versa
- When you find your partner, stand by the category that your match belongs to

EX:

Microaggression - “You throw like a girl”

Interpretation - “You are not man enough”

# Small Group Discussion

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- How do you all feel about what we've discussed? Have you seen/heard these things?
- How can you address these things when you see them? What strategies did small groups come up with?
- What have you learned about how people see others and how stereotypes form?
- How do these impact your community?
- Close off by explaining that microaggressions and stereotypes are hurtful and should be addressed when noticed/heard.